

October 2026

Sunday morning worship takes place at 10.30am on Zoom and in-person at Scotforth Road.

Evening worship is at The Cornerstone at 6.30pm.

October 4th

am Lynne Blair

3pm LGBTQ+ *Open Table*

pm Helen McGregor

October 11th

am Rev Linda Catlow

*Holy Communion and
Confirmation Service*

pm *no evening service*

October 18th

am *led by Youth Fellowship*

3pm LGBTQ+ *Open Table*

pm Rev Linda Catlow

Holy Communion

October 25th

am Rev David Atkinson

pm Simon Stewart

November 1st

am Deacon Jane Harper

3pm LGBTQ+ *Open Table*

pm Deacon Pru Cahill

Our morning services are designed to be inclusive - usually starting with an all-age section. After this, during term time, separate provision is made for any school aged children.

The evening service has an informal style of worship with an opportunity for reflection and conversation.

On Wednesdays we have a quiet reflective service with meditative singing and readings, **6.30-7pm by Zoom**.

A *local arrangement* service is organised by the church stewards.

Lancaster Methodist Church
Scotforth Road, (LA1 4TE,
corner of Kensington Road),
The Cornerstone, Sulyard Street
(NE off Dalton Square), LA1 1PX

Lancaster Methodist Church

www.LancasterMethodistChurch.org.uk

registered charity No. 1170840

Minister: Revd Linda Catlow (07787 829921)

Harvest Appeal

Our Harvest Appeal started on Sunday 20th September and we continue collecting through October, supporting All We Can's harvest appeal – **A Harvest That Lasts** - focusing on All We Can's partner, **Pikin-to-Pikin**, in Sierra Leone. Countless children are still unable to access the education they need. Poverty, gender discrimination, long and sometimes dangerous journeys to school, and unsafe or under-resourced learning environments all combine to prevent children from pursuing the futures they dream of.

All We Can's local partner, Pikin-to-Pikin, is working tirelessly to remove those barriers. Through advocacy within local communities, through school support programmes, and through study groups and safe learning spaces, they are helping children access the education they deserve.

The harvest of education is an unending one – it's a harvest that lasts, and will sustain and nourish for a lifetime.

£28 could support two children with a study group;

£509 could link 500 adolescent girls and women to

programmes that provide an alternative to child marriage and teenage pregnancy, including health services and support to stay in school.

Our appeal will run from Sun Sept 20th until Sun Nov 1st. Donations can be made by card/cash/cheque donation using the provided All We Can envelopes with their GiftAid declaration (please complete this if you can, as it adds an extra 25% to your donation); or by bank transfer to the LMC bank account, marking your donation 'Harvest Appeal'.

Read more about Pikin-to-Pikin here:

[https://www.allwecan.org.uk/partners/pikin-to-pikin-movement\(p2p\)](https://www.allwecan.org.uk/partners/pikin-to-pikin-movement(p2p))

Thank you for supporting this appeal.

Games Café, 7-9pm, October 2nd at Scotforth

We have traditional games on offer like boggle, scrabble and othello. We also have newer games that are a lot of fun and not complicated. We are always on hand to show you how to play as all the games are ours. Young people under 18 need an adult with them. Meet some new people, or play in your family or friends group.

Christian Aid South Sudan Roadshow: Friday 16th Oct

Christian Aid are bringing people together across the UK this autumn for a special series of events to hear directly from Christian Aid partners in South Sudan. Speakers will be James Wani, Christian Aid's Programme and Partnership Lead for South Sudan, and Angelina Gial, the Founder and Director of Hope Restoration South Sudan. This Christian Aid partner walks alongside women and girls affected by gender-based violence.

Come along to **Lancaster Priory on Friday 16th October from 7- 9.30 pm** to hear Angelina share insights into the realities facing communities in South Sudan, the importance of locally led change, and how we can stand alongside communities working for justice and hope.

More information:

<https://www.christianaid.org.uk/events/autumn-roadshow>

Register for the event

at: <https://www.christianaid.org.uk/events/autumn-roadshow-lancaster>

Service of Baptism, Confirmation and Welcome into Membership on 11th October at 10.30 am

This is a time when four people will make a public commitment to God through Jesus Christ. Also we will welcome a number of new members into our congregation. This will be a joint service for our two LMC congregations: Scotforth Road and Cornerstone. A time to gather together, to support one another, in a time of joy.

Monday Meeting Point – All Welcome!

12th October: Rev David Atkinson on the author A.J.Cronin ; 2.00 pm in the Foyer

Vacancy: Cornerstone Finance Officer

Clive Horsford has kindly temporarily stepped back into this whilst we continue to search for a volunteer to take on the role. Please contact Rev Linda if you would consider taking on this role.

Cornerstone Reception Volunteers

We are in desperate need of more regular volunteers to sit on the reception desk at Cornerstone. Without them, it is not safe for the doors to be left unlocked, and many people are being accidentally missed or unintentionally turned away before they even make it across our threshold. The Cornerstone, and Lancaster Methodist Church as a whole, has always prided itself on being a safe and welcoming place for all, and we need your help to continue that work in a way that also maintains building security and the safety of the people working and attending groups here. If you could offer just 2 hours a week of your time, that would make a huge difference. To apply, submit a completed application form to Ruth McKenny, Centre Manager, at cornerstonemanagement784@gmail.com.

Worship Consultation: Weds 14th

You are invited to come and share in a conversation about worship at LMC. So that as many as possible can attend and people can 'come and go' the meeting will take place on Zoom. Please contact Linda (revlindcat@gmail.com) for the zoom link. You can join at either 7.15 or 8 pm. See below:
7.15 - 8.00 pm: LMC:Cornerstone conversation - open invite but especially worship leaders /preachers who come to Cornerstone
8.00 - 8.30 pm: LMC worship together (Cornerstone and Scotforth Rd)
8.30 - 9 pm: LMC: Scotforth Rd

Lancaster Music Fest, October 8th to 11th

The Cornerstone will be a 'busk stop' on Saturday October 10th, with acts throughout the day. Global Village Kitchen will provide the food.

What do we eat?

Recently, some members in their groups have been discussing food.... And this issue was mentioned in a service recently.

We know that several of our members have decided to give up eating meat completely. At the other extreme, some may think that what we have for dinner does not seem anything to do with our Christian lives. Maybe most people are some way between.

However, producing the food we eat has an impact on Planet Earth – its contribution to global warming, other environmental effects, and for the people who produce it. These issues challenge all of us as Christians, as we care about the world God has given us – and our care for others in serious need. The ideal may seem to be to eat locally produced food, when it is locally available. But – how many of us can imagine not having any tomatoes at some times?!? It is important to examine what are the most serious choices to make. Moreover, as Christians, it may be worth thinking about people in poor countries who benefit from exporting food to us.

If we are to reduce our 'carbon footprint' of food, we need to be clear about what is most important. In fact, where our food comes from is not the most serious issue. What we eat is much more important. Meat has a big impact: UK beef has about 12 times the impact of beans, lentils or pulses, lamb is only a little better, pork about half that, and chicken is only about twice

the impact. In addition, the waste from intensive meat production produces river and land pollution, as well as requiring a lot of land for feeding the animals. Fish production is less impactful, but the problem is sustainability – most fish species are overfished. Eggs and cheese have a similar impact as pork, on a per kg basis. Most vegetables grown in UK or Europe in season have a low impact, but hothouse use raises that substantially. Vegetables and fruit imported by road or sea are of quite low impact, but air-freighting always produces a huge impact.

The advice is to reduce red meat in particular, and to eat interesting bean and vegetable meals, keeping lamb and beef for very special occasions. Perhaps we can exchange some recipes we like!

'Reflect in the City' every Wednesday

A quiet reflective service with meditative singing and readings, 6.30-7pm by Zoom, open at 6.20. Everyone is welcome to join us for about 30 minutes of prayer, song, silence and reflection. Contact LMCNotices@gmail for the link.

Welcome Space on any Wednesday at LMC

Scotforth Road between 10 and 12 for a cuppa and chat!

On any Tuesday 10-2pm at The Cornerstone

Disability Awareness Week

The focus of this year's theme is *One Body, Many Parts*, reminding us that everyone, disabled or not, has a part to play in God's kingdom.

The Revd Katie Deakins, a presbyter for 14 years, and severely sight impaired since birth, [reflects on the meaning behind the theme and the importance of celebrating diversity.](#)

Meetings at The Cornerstone this month

For any further details, contact Simon simoncornerstonecafe@gmail.com

'LGBTQ Sunday', 3pm first and 3rd Sunday of every month LGBTQ-led informal service with reflection and conversation – a safe space for all. Next on October 4th and 18th.

Bereavement Support Café: 10.30am to 12noon every Monday.

'Big Questions' Spiritual searching group, every Tuesday at 7pm. Come and share with us.

'Stronger Together' We all need a little help from time to time so join us for 'Stronger Together', a group designed for people to come together to share their emotions and feelings in a safe and supportive environment.

12-1pm every Thursday

Emotional Health Group for People with

Special Needs: For friendship, fun, arts & crafts and serious discussion. Next meeting: Oct 28th

Lunch-time Holy Communion with Rev. Linda, Thursday October 8th 1.15pm: a short reflective service. All welcome.

Lancaster Men's Hub 'Elevenes' every Friday from 11am to 1pm. For good company, games and a good lunch. The Hub now has its own workshop space and a 'studio' as well which you can find out more about at Elevenes. *There is a plan to move this event to the LMH Studio behind St. Thomas' Renewal Centre from October 9th.*

'The Making Place' craft cafe every Thursday, 10am -1pm. 1pm (entrance £5). Will break for half-term week.

Theological Book Group, on [Zoom](#) once a month - *'The Challenge of Jesus - Rediscovering who Jesus was and is'* by N. T. Wright. You are welcome to join us for the first time! The first meeting for the new book was in August but it's not too late to join. Please contact Simon or LMCNotices for the zoom link. Next on Oct 23rd

'Writers Inc'. Writers' group for any budding scribblers... 10.30am to 12pm on 1st and 3rd Saturdays - October 3rd & 17th.

The Cornerstone Music Café, every Monday, 1-3pm.

Global Village Café lunch club for refugees and asylum-seekers: Every Wednesday from 12.30pm. Open to the general public, price for lunch £7.50 (waged).

'Chewsday' Lunch Café every Tuesday 12- 2pm

A hearty lunch of omelette, jacket spud or panini for just £3! If you feel you could bake some fresh cakes or make soup to be sold as part of the lunch please contact Ruth, our centre manager.

The Cornerstone 'House Group', fortnightly on Thursdays at 7.30pm. Open and friendly discussion on faith, Christian life and ethical issues. Next on October 15th

Our LMC Facebook page is [here](#)

Our Cornerstone Facebook page is [here](#)



Dates for your diary

October

2nd 7pm Games Cafe at Scotforth Road

8th-11th Lancaster Music Fest – ‘busk stop’ at the cornerstone on Sat 10th

11th 10.30am Baptism, Confirmation and Membership Service – Scotforth Rd

12th 2pm Monday Meeting Point

14th 7.15pm Worship Consultation on Zoom

16th 7pm Christian Aid Roadshow at The Priory

21st 7.15pm Church Council at The Cornerstone

Little Pebbles is our parent/carer & toddler group and meets every Tuesday at Scotforth Road from 10-11.30 during term-time.

The notices are usually distributed monthly.

If you would like an e-copy of the Notices, send an email to lmcnotices@gmail.com.