

# February 2026

Sunday morning worship takes place at 10.30am on Zoom and in-person at Scotforth Road.

Evening worship is at The Cornerstone at 6.30pm.

## February 1st

am Paul Bowden  
pm Simon Stewart

## February 8<sup>th</sup>

am Rev Yvonne Pearson  
*Holy Communion*  
3pm LGBTQ+ *Open Table*  
pm Rev Melanie Greenall  
*Holy Communion*

## February 15<sup>th</sup>

am Rev Kara Cooper  
pm Andy Lund

## February 22<sup>nd</sup>

am Rev Paul Turner  
pm Simon Stewart

Our morning services are designed to be inclusive - usually starting with an all-age section. After this, during term time, separate provision is made for any school aged children.

The evening service has an informal style of worship with an opportunity for reflection and conversation.

**On Wednesdays** we have a quiet reflective service with meditative singing and readings, **6.30-7pm by Zoom**.

*A local arrangement* service is organised by the church stewards.

## **Lancaster Methodist Church**

**Scotforth Road**, (LA1 4TE, corner of Kensington Road),  
**The Cornerstone**, Sulyard Street (NE off Dalton Square), LA1 1PX

# Lancaster Methodist Church

[www.LancasterMethodistChurch.org.uk](http://www.LancasterMethodistChurch.org.uk)

registered charity No. 1170840

Minister: Revd Linda Catlow (01524 956647)

## Dear Friends of Scotforth Road

### The Importance of Encouragement

Author Barbara Glanz tells about a successful businessman who remembered his teacher from the time when he was 12 years old. He wrote to her, explaining what a great benefit and influence her teaching had on his life. He received this reply: *"You'll never know how much your letter meant. I am 83 and living alone. My friends and family are all gone. I was a teacher for 50 years and yours is the first thank you I have ever had from a student. Sometimes I wonder what I did with my life. I will read and re-read your letter until the day I die"*. Ironically she was the teacher students talked about the most at school reunions, but nobody had ever told her. The Apostle Paul knew all about our need to sometimes be appreciated. To the Romans, he wrote "I make mention of you always in my prayers (Romans 1:9)".

In his letter to the Ephesians he said "Therefore, after I heard of your faith in the Lord Jesus, I do not cease to give thanks for you" (Ephesians 1:15-16).

To the Philippians he wrote "I thank my God upon every remembrance of you" (Philippians 1:3).

Most of us lead busy lives and it is easy to forget to express our gratitude and appreciation to those who make a difference in our lives. Is there a conversation to have, a letter to write or a phone call to make for us today? It may mean a lot to someone if we do one of these things.

With every good wish

Paul (Rev Paul Turner)

## The Methodist Church: a Justice-Seeking Church

The Methodist Church has made a commitment to be a [Justice Seeking Church](#). This builds on [a long and impactful history of engaging in social action and pursuing social justice](#).

There are [six Principles for Justice](#) that reflect our theology and direct our actions. At the core of these principles is [God's love for all people](#). They offer a focus to our commitment in seeking transformation of the world and are outworked in the Priorities for Justice.

**God made humans in the image of God, each worthy of equal value and dignity.** The search for justice entails treating others with respect, and may involve reclaiming lost worth.

**God desires the flourishing of creation and human community within it.** The search for justice does not diminish or limit the flourishing of others but seeks to enable it.

**God consistently shows a bias to people experiencing poverty and those who are excluded.** The search for justice must attend to those who live in poverty, and those who are marginalised in

other ways, as a priority.

**God entrusts those in power with a special responsibility for upholding justice.** Those seeking justice will encourage and challenge those with power to fulfil their vocation.

**God calls all people and nations actively to work for peace and justice, liberation and transformation.** It is never just someone else's responsibility. We all have a part to play.

**God calls us to live in hope and in ways that reflect God's character and the pattern of God's kingdom.** Thus, seeking justice involves honesty and truth, and may demand protest and resistance, restitution, forgiveness, reconciliation and ultimately transformation.

**LMC's Justice, Peace and Environment Group** (JPEG) seeks to suggest and organise activities to help LMC follow out these principles. We are looking for more people to join us – Contact Elaine, Gill, or Ian to find out more.

**LMC Christmas Appeal for Relief Work** in the Caribbean in the aftermath of Hurricane Melissa has raised over £1500 – a really pleasing result! Thanks to all who have donated.

### We have a number of volunteer vacancies at LMC

If you are interested in any of these roles and have the skills and experience necessary for the roles, or if you know someone who you think might be interested please contact Andy Lund, or one of the other Leadership Stewards: Joe Hicks, Alison Love or Simon Stewart.

Please note the Training and other Requirements section. We follow Safer Recruitment, therefore we will require references and ensure that Safeguarding is all in place before recruiting. The roles are:

Leadership Steward, Cornerstone Treasurer and Church Safeguarding Officer.

We also ask that the congregation holds this situation in their prayers.

### Prayer Buddy - Torrisholme

Please continue to pray for Torrisholme. We are mainly elderly in our congregation but we are certainly a faithful family to each other. We have a good Sunday School and we thank God for them.

### 'Reflect in the City' every Wednesday

A quiet reflective service with meditative singing and readings, 6.30-7pm by Zoom, open at 6.20. Everyone is welcome to join us for about 30 minutes of prayer, song, silence and reflection. Contact [LMCNotices@gmail.com](mailto:LMCNotices@gmail.com) for the link.

### Games Café, 7-9pm, Feb 6<sup>th</sup> at Scotforth

We have traditional games on offer like boggle, scrabble and othello. We also have newer games that are a lot of fun and not complicated. We are always on hand to show you how to play as all the games are ours. Young people under 18 need an adult with them. Meet some new people, or play in your family or friends group. Great fun with free drinks and snacks, so please come along or suggest it to your friends. email Kate for further info [kateehaywood@gmail.com](mailto:kateehaywood@gmail.com)

### Welcome Space on any Wednesday at LMC

Scotforth Road between 10 and 12 for a cuppa and chat!

### Monday Meeting Point – All Welcome!

9<sup>th</sup> Feb: Lancashire businesses with Eddie Potter 2.00 pm in the Foyer

**The Cornerstone House Group:** Fortnightly on a Thursday at 7.30pm for focussed scripture sharing and discussion. Currently we are following a series on '*Embracing Justice - What might a spirituality shaped by biblical portrayals of justice look like for the church of the 21st century?*' Next meeting: January 15<sup>th</sup> – all welcome at The Cornerstone.

### Meetings at The Cornerstone this month

For any further details, contact Simon [simoncornerstonecafe@gmail.com](mailto:simoncornerstonecafe@gmail.com)

**'LGBTQ Sunday', 3pm first Sunday of every month** LGBTQ-led informal service with reflection and conversation – a safe space for all. Next on 1<sup>st</sup> February.

**'Big Questions'** Spiritual searching group, every Tuesday at 7pm. Come and share with us.

**'Stronger Together'** We all need a little help from time to time so join us for 'Stronger Together', a new group designed for people to come together to share their emotions and feelings in a safe and supportive environment. No judgement. Just support, kindness and connection. We are all in this together. 6-7pm every Thursday, Room 4 at The Cornerstone

**Emotional Health Group for People with Special Needs:** For friendship, fun, arts & crafts and serious discussion. Last Wednesday of the month. Next meeting: February 25<sup>th</sup>

**Bereavement Support Café:** 10.30am to 12noon every Monday.

**Lunch-time Holy Communion with Rev. Linda,** suspended while Linda is away

**Lancaster Men's Hub 'Elevenses'** every Friday from 11am to 1pm. For good company, games and a good lunch. The Hub now has its own workshop space and a 'studio' as well which you can find out more about at Elevenses.

**'The Making Place' craft cafe** every Thursday, 10am -1pm (entrance £5). Good company and excellent cake!

**Theological Book Group**, on Zoom once a month. We are reading '*The Heart of Christianity*' by Marcus Borg. The next meeting will be 3.30pm on February 6<sup>th</sup>. Please contact Simon or LMCNotices for the zoom link.

**'Writers Inc'. Writers' group** for any budding scribblers... 10.30am to 12pm on 1<sup>st</sup> and 3<sup>rd</sup> Saturdays - February 7<sup>th</sup> & 21<sup>st</sup>.

**The Cornerstone Music Café**, every Monday from 12<sup>th</sup>, 1-3pm. Come along for a sing-a-long of timeless classics with our very own house band! Tea and coffee available.

**Global Village Café lunch club for refugees and asylum-seekers:** Every Wednesday from 12.30pm. Open to the general public, price for lunch £7.50 (waged).

**'Chewsday' Lunch Café every Tuesday 12- 2pm**  
If you feel you could bake some fresh cakes or make soup to be sold as part of the lunch please contact Barry. To do that we would ask you (and pay for you) to do a Food Hygiene course, which can be done online



Our LMC Facebook page is [here](#)

Our Cornerstone Facebook page is [here](#)

### Dates for your diary

#### February

1<sup>st</sup> 3pm LGBTQ Sunday Service – at Cornerstone  
6<sup>th</sup> 7pm Games Café at Scotforth  
9<sup>th</sup> 2pm Monday Meeting Point at Scotforth  
18<sup>th</sup> 7:00pm Ash Wednesday Service at Wesley Methodist  
25<sup>th</sup> 7pm Church Council – at Cornerstone

#### March

14<sup>th</sup> 10.30am Christian Aid Changemakers Conference

**Little Pebbles** is our parent/carer & toddler group and meets every Tuesday at Scotforth Road from 10-11.30 during term-time.

*The notices are usually distributed monthly.  
If you would like an e-copy of the Notices, send an email to [lmcnnotices@gmail.com](mailto:lmcnnotices@gmail.com) .*