## October 2025

Sunday morning worship takes place at 10.30am on Zoom and in-person at Scotforth Road. Evening worship is at 6.30pm at The Cornerstone

October 5<sup>th</sup>

am Rev Linda Catlow

Holy Communion

3pm LGBTQ+ Open Table

pm Rev Melanie Greenall

October 12<sup>th</sup>

am Barry Catlow pm Simon Stewart

October 19<sup>th</sup>

am Youth Fellowship leads
Local Arrangement
pm Rev Linda Catlow
Holy Communion

October 26<sup>th</sup>

am Rev Linda Catlow pm Barry Catlow

November 2<sup>nd</sup>

am Rev Linda Catlow
Holy Communion
3pm LGBTQ+ Open Table
pm Rev Melanie Greenall

Our morning services are designed to be inclusive - usually starting with an all-age section. After this, during term time, separate provision is made for any school aged children.

The evening service has an informal style of worship with an opportunity for reflection and conversation.

**On Wednesdays** we have a quiet reflective service with meditative singing and readings, **6.30-7pm by Zoom**.

A *local arrangement* service is organised by the church stewards.

Lancaster Methodist Church Scotforth Road, (LA1 4TE, corner of Kensington Road), The Cornerstone, Sulyard Street (NE off Dalton Square), LA1 1PX

# **Lancaster Methodist Church**

www.LancasterMethodistChurch.org.uk registered charity No. 1170840

Minister: Revd Linda Catlow (07787829921; revlindcat@gmail.com )

## Fairtrade Fortnight Craft Fayre October 4th 11-3pm

At The Cornerstone - Celebrating the difference we can make when we choose fair-trade.

Craft Stalls, Games, Food by Global Village Cafe: 12-2pm
Tea Party with a talk about Fairtrade: 2pm
Costumes and photo opportunities.

Organised by Lancaster, Morecambe and District Fairtrade Group

### **Christian Aid's Restore Campaign**

The climate and debt crisis are colliding to trap millions of people in poverty. Christian Aid's Restore campaign calls on the UK Government to show global leadership by making polluters pay for the climate crisis and by standing up to greedy private lenders who are making vast profits whilst trapping millions in poverty. You can find out more on: <a href="https://www.christianaid.org.uk/get-">https://www.christianaid.org.uk/get-</a>

involved/campaigns/restore-campaign

Please consider supporting the campaign is by signing Christian Aid's petition: <a href="https://www.christianaid.org.uk/get-involved/campaigns/restore-campaign-launch-petition">https://www.christianaid.org.uk/get-involved/campaigns/restore-campaign-launch-petition</a>

## Games Café is Back!! 1<sup>st</sup> Friday of the month 7-9pm, Scotforth Road, on 3<sup>rd</sup> October

Choose from a wide range of board games and card games - come and play an old classic or learn something new.

Come and go - come for as long or as short a time as you like. All under 18s must be accompanied by an adult.

Bring your friends! Meet new friends!

### 'Reflect in the City' every Wednesday

A quiet reflective service with meditative singing and readings, 6.30-7pm by Zoom, open at 6.20.

Everyone is welcome to join us for about 30 minutes of prayer, song, silence and reflection. Contact <a href="mailto:LMCNotices@gmail">LMCNotices@gmail</a> for the link.

#### **Harvest Appeal 2025**

Many thanks for all the non-perishable food donated - there are many trays full for Morecambe Bay Foodbank. The financial donations to support Lancaster Let's BeFriends have started well, with over £200 by bank transfers and envelopes. We'll continue collecting for several weeks yet.

<u>Let's BeFriends</u> is a befriending service that helps to break the cycle of homelessness. They provide companionship and support to people who are homeless, about to become homeless or recently accommodated after a period of homelessness, and provide support to obtain and maintain tenancies and to engage in local services in order to create and sustain healthy ways of living.

Silent Climate Vigil: 19<sup>th</sup> October 12.15-45 in Market Square And on the third Sunday of every month until COP30 in November. Lancaster Quaker Meeting have held this in recent months and invite members of other local churches and faith communities to join them.

We stand on behalf of all those suffering the effects of climate change. We stand grieving for the destruction of our planet, habitat and living things. We stand in solidarity and hope with all seeking courageous climate action and adaptation

## **Welcoming Soup Lunch Sunday 19<sup>th</sup> Oct**

This is an opportunity to welcome our University Students who have just returned or are just beginning. Soup & Cake after the morning service.

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Bring your friends! Meet new friends!

**Welcome Space on any Wednesday** between 10 and 12 for a cuppa and chat! Rev Linda will be on there on the 8<sup>th</sup> October and so will be available for folks to pop in for a pastoral chat.

### **Torrisholme Prayer Buddy**

Please continue to pray for the church at Torrisholme. They are thankful to have some new members, including a family. They are also happy to have a regular Sunday School and recognise the importance of treasuring the children who attend. May all at Torrisholme feel the love of God at work in their lives.

# Save the Date: Quiz night to mark Christian Aid's 80 anniversary

on Fri Nov 14<sup>th</sup> at 7 pm at Lancaster Methodist Church Scotforth Road

All welcome. For more info: Gill Burgess gill.burgess@gmail.com 07790 597326

### 'Stronger Together'

We all need a little help from time to time so join us for 'Stronger Together', a new group

designed for people to come together to share their emotions and feelings in a safe and supportive environment. No judgement. Just support, kindness and connection. We are all in this together.

6-7pm every Thursday, Room 4 at The Cornerstone

**The Cornerstone House Group:** Fortnightly on a Thursday at 7.30pm. We are have recently started using the Home Group Series guide on *Paula Gooder's Heaven*. Next meeting: October 9<sup>th</sup> – all welcome at The Cornerstone.

## 'Chewsday' Lunch Café at The Cornerstone Every Tuesday

If you feel you could offer regular volunteering time to help Barry with preparation, dishwashing or serving, please get in touch. An even better offer would be for someone to come in and bake some fresh cakes or make soup to be sold as part of the lunch. To do that we would ask you (and pay for you) to do a Food Hygiene course, which can be done online. However, that will not be a requirement for just helping in the kitchen.

## Meetings at The Cornerstone this month

For any further details, contact Simon simoncornerstonecafe@gmail.com

**'LGBTQ Sunday', 3pm first Sunday of every month** LGBTQ-led informal service with reflection and conversation – a safe space for all. Next on October 5<sup>th</sup>.

'Big Questions' Spiritual searching group, every Tuesday at 7pm. Currently we are using journals to help us notice the spiritual moments in our week. Come and share with us.

#### **Emotional Health 12 Steps Support Group**,

Thursdays 6.15pm. Due to a lack of facilitators to lead we are currently taking a break but please watch this space for any developments

Emotional Health Group for People with Special Needs: For friendship, fun, arts & crafts and serious discussion. Last Wednesday of the

month. Next meeting: October 29<sup>th</sup>

**Bereavement Support Café**: 10.30am to 12noon every Monday.

Lunch-time Holy Communion with Rev. Linda, 1.15pm: Thursday 9<sup>th</sup> October. All welcome.

Lancaster Men's Hub 'Elevenses' every Friday from 11am to 1pm. For good company, games

and a good lunch. The Hub now has its own workshop space and a 'studio' as well which you can find out more about at Elevenses.

'The Making Place' craft cafe every Thursday, 10am -1pm (entrance £5). Good company and excellent cake!

Theological Book Group, on Zoom once a month. We are reading 'The Heart of Christianity' by Marcus Borg. The next meeting will be 3.30pm on October 10<sup>th</sup>. Please contact Simon or LMCNotices for the zoom link.

**'Writers Inc'. Writers' group** for any budding scribblers... 10.30am to 12pm on 1<sup>st</sup> and 3<sup>rd</sup> Saturdays - October 4<sup>th</sup> & 18<sup>th</sup>.

The Cornerstone Music Café, every Monday 1-3pm. Come along for a sing-a-long of timeless classics with our very own house band! Tea and coffee available.

Global Village Café lunch club for refugees and asylum-seekers: Every Wednesday from 12.30pm. Open to the general public, price for lunch £7.50 (waged).

## Our LMC Facebook page is <a href="here">here</a>



## Our Cornerstone Facebook page is here

## Dates for your diary

### October

3<sup>rd</sup> 7pm Games Café

4<sup>th</sup> 11am Fair Trade Fayre – at The Cornerstone 5<sup>th</sup> 3pm LGBTQ Sunday Service – at Cornerstone 9<sup>th</sup> 1.15pm Holy Communion at The Cornerstone 14<sup>th</sup> 7pm Church Council as Scotforth Road

19<sup>th</sup> A Welcoming Soup & Cake Lunch after the morning service.

19<sup>th</sup> 12.15 Silent Climate Vigil – Market Square **November** 

14<sup>th</sup> Christian Aid Quiz Night

**Little Pebbles** is our parent/carer & toddler group and meets every Tuesday at Scotforth Road from 10-11.30 during term-time.

The notices are usually distributed monthly. If you would like an e-copy of the Notices, send an email to Imcnotices@gmail.com