August 2025

Sunday morning worship takes place at 10.30am on Zoom and in-person at Scotforth Road. Evening worship is at 6.30pm at The Cornerstone

August 3rd
am Keeley Lund
3pm LGBTQ+ Open Table

August 10th
am Local Arrangement
pm Rev Linda Catlow
Holy Communion

August 17th am Andy Lund pm Simon Stewart

August 24th
am Rev Linda Catlow
Holy Communion
pm No Service

August 31st
am Barry Catlow
pm Michael Hampson

Our morning services are designed to be inclusive - usually starting with an all-age section. After this, during term time, separate provision is made for any school aged children.

The evening service has an informal style of worship with an opportunity for reflection and conversation.

On Wednesdays we have a quiet reflective service with meditative singing and readings, **6.30-7pm** by Zoom.

A *local arrangement* service is organised by the church stewards.

Lancaster Methodist Church Scotforth Road, (LA1 4TE, corner of Kensington Road), The Cornerstone, Sulyard Street (NE off Dalton Square), LA1 1PX

Lancaster Methodist Church

 $\underline{www.LancasterMethodistChurch.org.uk}$

registered charity No. 1170840

Minister: Revd Linda Catlow (07787829921; revlindcat@gmail.com)

From Rev Linda: Dear friends,

I would like to encourage you to pop into our **Welcome Space** every Wednesday from 10 am to 12 noon at LMC Scotforth Road. It is run by a group of friendly volunteers. We serve a good cuppa and 'help yourself' to toast. It is a warm and friendly space for all.

Little Pebbles will be moving from a Thursday to Tuesday morning with our new Little Pebbles Leader, Annika Smith. We need volunteers to help with Little Pebbles – please consider if you can be one!

Chat with the Minister: I am on the rota for Welcome Space and would like to use this as an opportunity for anyone who would like to meet with me for a chat. In August I will be available on the 6th and 20th. Blessings. Rev Linda

Rev Dave Hardman's Talk on Palestine

On Friday 25th Rev Dave Hardman, Methodist Liaison Office based in Jerusalem, Israel and the West Bank, Palestine, and Bea Foster, of Women for Peace Burnley, gave an excellent history and update of the situation in Palestine, focussing on the West Bank. We have an audio recording of the event and the visuals used available: if you want a copy, you can download here, or if you prefer, contact lmcnotices@gmail.com.

Litter Pick – thanks to all who were able to participate in the Litter Pick on 6th July.

Silent Climate Vigil: 17th August 12.15-45 in Market Square

And on the third Sunday of every month until COP30 in November. Lancaster Quaker Meeting have held this in recent months and invite members of other local churches and faith communities to join them.

We stand on behalf of all those suffering the effects of climate change. We stand grieving for the destruction of our planet, habitat and living things. We stand in solidarity and hope with all seeking courageous climate action and adaptation

'Chewsday' Lunch Café at The Cornerstone Every Tuesday

We have just started to offer food again on a Tuesday lunch-time as Barry Catlow has offered to prepare paninis, soup, baked potatoes and drinks at very reasonable prices, from 12noon till 2pm as part of our 'Places of Welcome'. If you feel you could offer regular volunteering time to help Barry with preparation, dishwashing or serving, please get in touch. An even better offer would be for someone to come in and bake some fresh cakes or make soup to be sold as part of the lunch. To do that we would ask you (and pay for you) to do a Food Hygiene course, which can be done online. However, that will not be a requirement for just helping in the kitchen!

Tuesday 2nd Sept Welcome Service for Rev Melanie Greenall, 7 pm at Torrisholme Methodist. Melanie will have Pastoral Charge of the Morecambe Churches and Caton.

Morecambe Bay Foodbank is Appealing!

You may have seen recent reports about Foodbanks seeing a big drop in food donations: MB Foodbank is relying more on financial donations to make up the shortfall, but food is still collected and can be left in the trays in the entrance lobby. Many thanks to those who are able to make regular bank transfers – we add the GiftAid for those who donate through LMC and are registered with LMC.

Domestic Abuse Support Programme

Sarah Butterworth is providing a free training day on awareness of domestic abuse and survivor support in faith settings. Saturday, 9th August 10am-4pm. Topics addressed include What is domestic abuse and who does it effect? How does faith play a role in domestic abuse? How does domestic abuse affect survivors? How can I support victims and survivors of domestic abuse?

Email <u>alwayshopesally@gmail.com</u> to reserve your place.

Meetings at The Cornerstone this month

For any further details, contact Simon simoncornerstonecafe@gmail.com

'LGBTQ Sunday', 3pm first Sunday of every month LGBTQ-led informal service with reflection and conversation – a safe space for all. Next on August 3rd.

'Big Questions' Spiritual searching group, every Tuesday at 7pm. Currently we are using journals to help us notice the spiritual moments in our week. Come and share with us.

The Cornerstone House Group: Fortnightly on a Thursday at 7.30pm, currently using the Bible Month series on John's Gospel. Next meeting: July 31st

Emotional Health 12 Steps Support Group,

Thursdays 6.15pm. Due to a lack of facilitators to lead we are currently taking a break but please watch this space for any developments

Emotional Health Group for People with Special Needs: For friendship, fun, arts & crafts

and serious discussion. Last Wednesday of the month. Next meeting: August 27th

Bereavement Support Café: 10.30am to 12noon every Monday (Except Bank Holiday Monday).

Lunch-time Holy Communion with Rev. Linda, 1.15pm: Thursday 14th August. All welcome.

Lancaster Men's Hub 'Elevenses' every Friday from 11am to 1pm. For good company, games and a good lunch. The Hub now has its own workshop space and a 'studio' as well which you can find out more about at Elevenses.

'The Making Place' craft cafe every Thursday, 10am -1pm (entrance £5). Good company and excellent cake! On their summer break till September 4th.

Theological Book Group, on Zoom once a month. We are starting a new book: 'The Heart of Christianity' by Marcus Borg. The first meeting will be 3.30pm on September 12th. Please contact Simon or LMCNotices for the zoom link.

'Writers Inc'. Writers' group for any budding scribblers... 10.30am to 12pm on 1st and 3rd Saturdays - August 2nd & 16th

Global Village Cafe lunch club for refugees and asylum-seekers: Every Wednesday from 12.30pm. Open to the general public, price for lunch £5.

Our LMC Facebook page is here

Our Cornerstone Facebook page is here

Dates for your diary

<u>August</u>

3rd 3pm LGBTQ Sunday Service – at Cornerstone 9th Domestic Abuse Support Training at The Cornerstone

14th 1.15 Holy Communion at The Cornerstone 17th 12.15 Silent Climate Vigil – Market Square **September**

2nd 7pm Welcome Service for Rev Melanie Greenwall at Torrisholme.

The notices are usually distributed monthly. If you would like an e-copy of the Notices, send an email to Imcnotices@gmail.com